



## 2018 RACER HANDBOOK

Welcome to the Round Valley Rambler! Below is a summary of all the things you need to know to make your day at the race run smoothly. If after you have read through the handbook and still have questions, you can contact us at [ginger@mountaintrails.org](mailto:ginger@mountaintrails.org)

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### RACE BIB PICK-UP DATES & TIMES:

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We encourage you to pick up your bib in advance! Participant T-shirt will be given at bib pick-up.

#### Friday, June 15, 2018

3:00 – 7:00pm

Early bib pick-up at Park City Running Company. PC Running is location in Pinebrook, on the upper level of Quarry Village Shopping center, at 8178 Gorgoza Pines Rd., Suite D, Park City.

#### Saturday, June 16, 2018

6:30 – 7:30am

Day-of bib pick-up at **START** area is at the North Round Valley Way Trailhead. To avoid race-day lines, racers are encouraged to pick up bibs the day before as described above.

**YES, YOU CAN PICK UP A BIB FOR SOMEBODY ELSE.**

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### RACE SCHEDULE:

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#### Saturday, June 16, 2018

6:30-7:30am	Day-of bib pick up at START area located at the North Round Valley Way Trailhead
8:00am	Half Marathon - Mass Start
8:10am	7K – Mass Start
11:30am	Awards at finish line (Top 3 overall Men & Women)
12:00pm	Course Closes

**All racers and spectators should park at the LDS Church located at 510 Silver Summit Pkwy, Park City, UT 84098**

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### THE COURSE:

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100% of both courses takes place on buff single and double track trails in the 2,100 acre Round Valley Open Space area, with an altitude ranging from 6,500 to just over 7,100 feet. While athletes will find the trails foot-friendly, the rolling, high desert terrain presents a few long and steady climbs followed by fast downhill. **Dogs are not allowed.**

**Courses Close:** 12:00pm – runners will be asked to surrender bibs and accept a ride back to the finish line. **Race times after 12:00pm will not be recorded.**

- Aid Station #1 – Mile 2.8
- Aid Station #2 – Mile 4.9
- Aid Station #3 - Mile 8.0
- Aid Station #4 – Mile 10.8

### Half Marathon Turn-by-Turn:

- A mass start on the Crooked Mile Nordic trail just east of the North Round Valley Way Trailhead
- Runners the Crooked Mile for 0.6 miles, turn left onto the Happy Gilmore single track trail
- Mile 1.4 - Veer left onto Tin Man single track
- Mile 2.4 (Aid Station #1) - Continue straight onto Rambler single track
- Descend Rambler to steel gate
- Veer left of gate and continue uphill on Rambler to 4-way intersection with Rusty Shovel/Nowhere Elks - Mile 4.9 (AS #2)
- Turn left onto Rusty Shovel single track and descend
- Mile 6.5 - Turn right onto Ramble-On single track
- Mile 6.9 - Take a sharp right turn onto Rambler single track
- Continue uphill on Rambler Single Track to mile 8.0 (AS #3)
- Mile 8.0 - Turn left onto Nowhere Elks double track
- Mile 8.2 - Veer left onto Nowhere Elks single track
- Mile 8.4 - Veer right onto Nowhere Elks single track
- At mile 9.3, turn right onto Valderoad double track
- Veer left onto Matt's Flat singletrack
- Mile 9.7 - Turn right onto Cammy's double track
- Mile 10 - Turn right onto Rademan Ridge double track
- Mile 10.8 (Aid Station #4) - Veer left onto Tin Man single track
- Mile 12.2 - Continue straight onto Happy Gilmore single track to finish

### 7K Turn-by-Turn:

- A mass start on the Crooked Mile Nordic trail, just east of the North Round Valley Way Trailhead
- Follow the Crooked Mile for 0.6 miles, turn left onto Happy Gilmore single track trail
- Mile 1.4 - Veer left onto Tin Main single track
- Mile 2.8 - (Aid Station #1) turn left onto Rademan Ridge double track
- Stay on double track for 0.5 miles
- Mile 3.3 – Turn right onto double track, follow this section for .25 miles turning right at the split
- Mile 3.6 – Turn right onto Happy Gilmore single track and continue for 0.9 miles to the finish

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## FINISH LINE:

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**FINISHERS MEDAL** – All Half Marathon participants will receive a finishers medal after crossing the finish line.

**OPPORTUNITY DRAWING:** Each participant will receive an opportunity drawing ticket once they cross the finish line. More tickets may also be purchased at the finish line. Sponsored by Skullcandy, GoalZero, LaSportiva, Salomon just to name a few! We have stacks of really-cool outdoor gear for you to win!

**SPECTATORS:** Parking is very limited! PLEASE CARPOOL! NO STREET PARKING! The FREE bus system will bring you right to the finish line! From the Kimball Jct. transit center, take a 10 minute, FREE bus ride on the **BROWN Express** and exit at the **Kingsford Ave.** bus stop, then walk across the street to the finish line. Bus riders and carpoolers can earn extra opportunity drawing tickets by visiting the Mountain Trails tent!

**XOTIO PHOTOGRAPHY:** Will be on course to capture runners in the race moment. [Participants can visit their website following the event to download a FREE event photo.](#)

**SOCIAL MEDIA:** Once you've recovered from a hard push, please share your excitement on social media by tagging Mountain Trails Foundation, #pctrails, mtntrailspc ! Spreading the word helps support Mountain Trails Foundation, a non-profit that builds, maintains and protects trails in Park City. All race proceeds go directly back to the trails you love!